



interRAI Education Schedule Winter 2023

interRAI for Ontario Health Teams: *Learning to RAI*

Facilitator: Leslie Eckel (she/her)

This one-day interactive workshop will introduce you to the client information captured through an interRAI assessment routinely completed on home and community care clients across Ontario.

You will learn about the clinical assessment protocols (CAPs) and scales, and how to use this information to support a client – centred care plan. The CAPs assist providers in understanding and prioritizing the unique needs of each client. The interRAI scales provide a snapshot in time of a client’s strengths and challenges, may be used to monitor changes to a client’s status overtime, and evaluate the success of your care plan.

Participants will have the opportunity to create a sample care plan based on a real-world sample of client assessment results and explore the scales in depth through interactive exercises.

In a supportive and engaging environment, participants will learn about:

- where, when, and how assessments are being completed across home and community care in Ontario.
- the rich client information documented through the interRAI Home Care and interRAI Community Health Assessment (interRAI CHA) system.
- the clinical assessment protocols (CAPS), and how they support the development of client - centred care plans.
- the scales, and how to interpret the scales to better understand the clients’ strengths and challenges, as well as evaluate the effectiveness of care plans.

Who Should Attend:

This workshop will be of interest to all service providers involved home and community care who would like to better understand interRAI assessment results, and how to use them to guide decision-making related to care.

Prerequisite: No prior experience with interRAI assessment systems is required.

Participants will need a copy of the [Clinical Assessment Protocol manual for Community and Long-term Care Assessment Instruments](#). Participants may purchase a manual from the interRAI catalogue (links provided above). All other materials will be provided.

Date and Time:

1. Thursday March 16th 9:30 am – 4:00 pm

Location: A Microsoft Teams meeting invite will be forwarded upon registration. Please see registration directions on the final page of schedule.

Learning to RAI – Recipient Education for Non- Assessors

Facilitator: Leslie Eckel (she/her)

This one-day interactive workshop will introduce you to the client information captured through an interRAI assessment routinely completed on home and community care clients across Ontario.

You will learn about the clinical assessment protocols (CAPs) and scales, and how to use this information to support a client – centred care plan. The CAPs assist providers in understanding and prioritizing the unique needs of each client. The interRAI scales provide a snapshot in time of a client’s strengths and challenges, may be used to monitor changes to a client’s status overtime, and evaluate the success of your care plan.

Participants will have the opportunity to create a sample care plan based on a real-world sample of client assessment results and explore the scales in depth through interactive exercises.

In a supportive and engaging environment, participants will learn about:

- where, when, and how assessments are being completed across home and community care in Ontario.
- the rich client information documented through the interRAI Home Care and interRAI Community Health Assessment (interRAI CHA) system.
- the clinical assessment protocols (CAPS), and how they support the development of client - centred care plans.
- the scales, and how to interpret the scales to better understand the clients’ strengths and challenges, as well as evaluate the effectiveness of care plans.

Who Should Attend:

This workshop will be of interest to all service providers involved home and community care who would like to better understand interRAI assessment results, and how to use them to guide decision-making related to care.

Prerequisite: No prior experience with interRAI assessment systems is required.

Participants will need a copy of the [Clinical Assessment Protocol manual for Community and Long-term Care Assessment Instruments](#). Participants may purchase a manual from the interRAI catalogue (links provided above). All other materials will be provided.

Date and Time:

1. Thursday, January 26th 9:30 am – 4:00 pm

Location: A Microsoft Teams meeting invite will be forwarded upon registration. Please see registration directions on the final page of schedule.



interRAI CHA[®] New Assessor Certificate

Facilitator: Michal Wallen

This interactive course will provide participants with the knowledge and skills needed to conduct competent assessments using the interRAI Community Health Assessment (interRAI CHA). Participants will also learn how to use the assessment generated information (clinical assessment protocols and scales) to both inform and evaluate client-centred care plans.

This workshop will cover the updated content of the interRAI CHA v 9.1.4 as well as v 9.1.3 (the version of the CHA originally adopted by Ontario in 2010). In a supportive and engaging environment, participants will learn:

- the general principles of conducting an interRAI CHA assessment
- how it supports an integrated approach to care
- to accurately document client information through the interRAI Community Health Assessment (interRAI CHA) system, including the functional supplement
- to use the Clinical Assessment Protocols (CAPS) to inform the development of client - centred care plans
- to use the scales to understand the clients' strengths and challenges, as well as evaluate the effectiveness of care plans in addressing client needs

Participants will simulate the assessment process in the virtual classroom using a case study.

A certificate will be awarded upon the successful completion of the workshop.

Prerequisite: No prior experience with the CHA assessment is required.

Who Should Attend:

This workshop is designed for individuals responsible for performing client comprehensive health assessments, creating client care plans and delivering services within the circle of care.

Required Materials: Participants will need a copy of both an [interRAI CHA manual \(Canadian version\)](#) and the [Clinical Assessment Protocol manual for Community and Long-term Care Assessment Instruments](#). Participants may purchase the manuals from the interRAI catalogue (links provided above).

Dates and Times: 2 options:

Course Selection # 1 (18 hours total)

January 10 th	8:30 am – 12:30 pm
January 17 th	8:30 am – 12:30 pm
January 24 th	8:30 am – 12:30 pm
January 31 st	9:00 am – 12 noon
February 7 th	9:00 am – 12 noon

Course Selection # 2 (18 hours total)

January 11 th	8:30 am – 12:30 pm
January 18 th	8:30 am – 12:30 pm
January 25 th	8:30 am – 12:30 pm
February 1 st	9:00 am – 12 noon
February 8 th	9:00 am – 12 noon

Location: A Microsoft Teams meeting invite will be forwarded upon registration. Please see registration directions on the final page of schedule.

interRAI CHA[®] Refresher Workshop

Facilitator: Michal Wallen

This one-day workshop will improve assessors coding skills. Particular attention is paid to those questions in the interRAI CHA which assessors commonly find a challenge and emphasizes the IADL and ADL assessment sections of the assessment. During this interactive session, assessors will participate in small group exercises using a case study, with ample opportunity for discussion and reflection.

During this interactive session, assessors will:

- improve their ability to accurately complete the interRAI CHA Core and Functional Supplement
- participate in active learning exercises
- identify and work through knowledge gaps from reflective analysis

Who Should Attend:

This workshop will be of interest to experienced interRAI CHA assessors who are interested in improving their assessment skills and knowledge of coding for the most challenging sections and questions in the assessment (e.g. ADLs and IADLS).

Prerequisite: Previous training and experience in completing interRAI CHA assessments is required.

Required Materials: Participants will need a copy of both an [interRAI CHA manual \(Canadian version\)](#) and the [Clinical Assessment Protocol manual for Community and Long-term Care Assessment Instruments](#). Participants may purchase the manuals from the interRAI catalogue (links provided above).

Dates and Times: 2 Workshops will be offered:

Course Selection # 1 (Total 7 hours over 2 days)

February 13 th	8:30 am – 12:30 pm
February 14 th	9:00 am – 12:00 noon

Course Selection # 2 (Total 7 hours over 2 days)

March 6 th	8:30 am – 12:30 pm
March 7 th	9:00 am – 12:00 noon

Location: Microsoft Teams meeting invites will be forwarded upon registration. Please see registration directions on the final page of schedule.

interRAI CHA Assessors Workshop: Updates to the interRAI CHA[®] v 9.1.4

Facilitator: Leslie Eckel

This one-day interactive style workshop will provide assessors with the knowledge and skills needed to competently complete the new content of the interRAI CHA v 9.1.4. This updated version of the CHA perfectly aligns the core CHA and the functional supplement with the interRAI Home Care. Ontario's Integrated Assessment Record (IAR) is able to upload v 9.1.4 for sharing within a client's circle of care. The workshop content will include details of all changes to the interRAI CHA questions, definitions, clinical assessment protocols (CAPs) and scales.

In a supportive and engaging environment, participants will:

- Become competent in the coding for all new questions in the interRAI CHA v 9.1.4
- Become competent in the meaningful use of the new scales and outcome measures to support and evaluate client-centred care plans.

Pre-requisite: Previous training and experience in completing interRAI CHA assessments is required.

Who Should Attend:

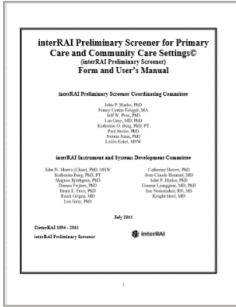
This workshop will be of interest to experienced CHA assessors who are interested in understanding the updates to the interRAI CHA v 9.1.4 and how the assessment results (CAPs, scales) can be used to develop client-centred care plans.

Required Materials: Participants will need a copy of both an [interRAI CHA manual \(Canadian version\)](#) and the [Clinical Assessment Protocol manual for Community and Long-term Care Assessment Instruments](#). Participants may purchase the manuals from the interRAI catalogue (links provided above).

Date and Time: Thursday February 9th 9:00 a.m. to 4:00 p.m.

Location: A Microsoft Teams meeting invite will be forwarded upon registration. Please see registration directions on the final page of schedule.

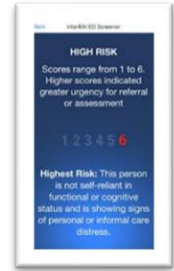
interRAI Preliminary Screener[®] for Primary and Community Care settings Facilitator: Michal Wallen



This half-day interactive style workshop will provide assessors with the knowledge and skills needed to competently complete the **interRAI Preliminary Screener for Primary and Community Care settings**.

In a supportive and engaging environment, participants will:

- Become competent in the coding for questions in the interRAI Preliminary Screener[®]
- Become competent in the meaningful use of the Assessment Urgency Algorithm (AUA) to support decisions related to client care (e.g. referral pathways, level of urgency, equity).



Pre-requisite: No previous training or experience in completing an interRAI PS assessment is required.

Who Should Attend:

This workshop will be of interest to individuals who are responsible for new client intake as well as individuals who are responsible for performing client comprehensive health assessments and want to gain further knowledge of the Assessment Urgency Algorithm (AUA) and how it is used in the broader continuum of care.

Required Materials: An **interRAI Preliminary Screener[®]** manual is needed for this workshop. The manual will be provided to participants.

Dates and Times: 2 Workshops will be offered:

Course Selection # 1 (Total 3 hours) February 28th 9:00 am – 12:00 noon

Course Selection # 2 (Total 3 hours) March 1st 9:00 am – 12:00 noon

Location: A Microsoft Teams meeting invite will be forwarded upon registration. Please see registration directions on the final page of schedule.



The Geriatric Whisperer: Using the Clinical Assessment Protocols (CAPs) and Scales to Help Your Clients Thrive. Facilitator: Leslie Eckel

This one-day interactive workshop will introduce you to the client information captured through an interRAI assessment routinely completed on home and community care clients across Ontario.

You will learn about the clinical assessment protocols (CAPs) and scales, and how to use this information to support a client – centred care plan. The CAPs assist providers in understanding and prioritizing the unique needs of each client. The interRAI scales provide a snapshot in time of a client’s strengths and challenges, may be used to monitor changes to a client’s status overtime, and evaluate the success of your care plan.

Participants will have the opportunity to create a sample care plan based on a real-world sample of client assessment results and explore the scales in depth through interactive exercises.

In a supportive and engaging environment, participants will learn about:

- the rich client information documented through the interRAI Home Care and interRAI Community Health Assessment (interRAI CHA) system.
- the clinical assessment protocols (CAPS), and how they support the development of client - centred care plans.
- the scales, and how to interpret the scales to better understand the clients’ strengths and challenges, as well as evaluate the effectiveness of care plans.

Who Should Attend:

This workshop will be of interest to all service providers responsible for performing client assessments and creating client care plans, as well as individuals involved in caring for community dwelling clients. It will help providers to better understand how an interRAI assessment supports their ability to provide person-centred care that addresses the unique needs of the clients they serve.

Prerequisite: Some experience with interRAI assessment is required.

Participants will need a copy of the [Clinical Assessment Protocol manual for Community and Long-term Care Assessment Instruments](#) (not included in the workshop fee). Participants may purchase a manual from the interRAI catalogue (links provided above). All other materials will be provided and are included in the workshop fee.

Date and Time: One full day Thursday February 16th 9:30 a.m. to 4:00 p.m.

Location: A Microsoft Teams meeting invite will be forwarded upon registration. Please see registration directions on the final page of schedule.

About Your Workshop Educators:

Michal Wallen

Michal has over 15 years of experience in healthcare, primarily in the Community Support Services sector where she managed programs including Assisted Living Services for High-Risk Seniors, Supportive Housing and Respite as well as an array of hospital to home transition programs.

Michal has conducted interRAI CHA, Preliminary Screener and IAR new assessor, refresher and viewer training to health service providers in community support and clinical services, including primary care providers. She optimized client care by supporting and educating interRAI CHA assessors in the development of evidence-based care plans using CAPs and outcome scores with maximum client engagement

Michal is a strong advocate for the design and delivery of high quality, standardized and practical education that facilitates shared assessment practices in home and community care.

Michal Wallen BA (she/her)

Specialist, Clinical Assessment Education

Digital Excellence in Health

T 437.290.0987

Michal.Wallen@ontariohealth.ca

Leslie Eckel (she/her)

Many of you may know Leslie from her previous role as the Knowledge Exchange Associate for the Ontario Home Care Chair working closely with Dr. John Hirdes (Professor, University of Waterloo and Lead Canadian interRAI Fellow) and the Ministry of Health.

For the past fifteen years Leslie has worked closely with health care industry partners to optimize the use of data and evidence - including standardized interRAI assessment systems used in clinical practice across Ontario - to improve care. In addition, she is a clinical educator providing education and implementation support to organizations/jurisdictions adopting an interRAI assessment system and helps to build the analytic capacity needed by decision makers to extract actionable insights from data to improve care. She has also contributed to the development, education, and implementation of interRAI assessments in most major health care sectors (interRAI CHA, Preliminary Screener, Palliative Care, Home Care, Peds-HC, Community Mental Health etc.)

Given Leslie's vast and varied experience and passion for knowledge translation and exchange she is well positioned to collaborate with key partners across the health care sector and within Ontario Health to support the use of evidence to both establish and address health systems priorities.

Leslie Eckel (she/her)

Lead, Knowledge Translation & Exchange

Digital Excellence in Health

Registration Process:

Please complete the **Registration Request Form** at the link below:

<https://forms.office.com/r/4WVmFg0ZaA>

Your registration status will be confirmed by email.

To contact **Ontario Health's Clinical Assessment Education Team**, please email:

assessmentprogram@ontariohealth.ca

Thank you for your interest in registering for Ontario Health's interRAI Training and Education developed for Community Support Services.